

TIPS for Conference calls (Adults need this too!)

- ❖ Make sure you have an agenda ahead of time
- ❖ Use a list of who is on the phone (youth that have hallucinations/ or PTSD recommend faces)
- ❖ Skype is the Best Option for some!!
- ❖ Use a Name, Title and Phone numbers to the list
- ❖ Ask for support from people if you get lost
- ❖ Ask people to use their first name when talking. "This is Susan"
- ❖ If you do not understand what someone is referring to ask for then to connect it to the subject
- ❖ Always ask people to "tell you when they hang up the phone"
- ❖ Start with a simple conversation or icebreaker so we can get used to each other's tone of voice
- ❖ Create an order of when people will speak if it is easier
- ❖ Request that when you start conference call you only begin with 2 or 3 youth/ adults at a time so that it is not complicated to understand people
- ❖ Organize when people will be calling in and when people are hanging up.
- ❖ Finally ask people to listen to the youth first so that you do not forget what you have to say... or use index cards to stack people who want to speak



Youth MOVE Massachusetts
51 Union Street, Suite 308
Worcester Mass. 01608
508-767-9725
Fax 508-767-9727

Massachusetts

How do you make conference calls work?

It is important to ask the youth what will work with being a part of conference calls. For many it is confusing due to many voices, knowing when to talk and who is talking. It is especially hard when the youth have a challenge working on a conference call and when the topic moves. As Youth MOVE grows we are noticing that an "orientation" is important for youth to understand what it is all about.



Youth Move National made this possible with a Dare to Dream Award

Thanks for making this possible.

Exploring Conference Calls for YOUTH involvement and Youth Guided

It is important to include us, the youth/ young adults in planning. We are very intelligent; many of us have multiple talents that only are seen by certain people! Our network is close to us, but as all of you we want to grow our wings.... Remember that if you ask us we will let you know what will work, if you decide without us, we will be less likely to join and finally if you include us in deciding we will return again.



1. Youth Initiated and Directed
2. Youth Initiated, Shared Decisions with Adults
3. Youth and Adult Initiated and Directed
4. Adult Initiated, Shared Decisions with Youth
5. Consulted and Informed
6. Assigned and Informed



7. Tokenism
8. Decoration
9. Manipulation

This ladder was created to show the direction organizations need to climb in order to achieve authentic youth involvement. Organizations often find themselves in the bottom three rungs of this ladder until plans are implemented to bring youth into decision making roles in an environment that is safe and where youth voices are heard.

(From National Youth MOVE Website)

Youth Driven Definition

Youth driven means that youth have a say in the programs that help them and that the needs and preferences of youth drive the policy and financing decisions that affect them.

Youth are meaningfully involved and partner in outreach, activities and evaluation.

Youth voice is a phase meant to describe the unique actions, ideas and perspectives used by young people to represent themselves.