

## GLBT\*Q Resources for Youth and Young Adults in Massachusetts

Sometimes it's hard to find someone who will talk with you about the things you're facing as a GLBT\*Q youth or young adult. These organizations are available to do just that.

### GLBT National Youth Talkline

1-800-246-PRIDE (7743)

[www.glnh.org/talkline](http://www.glnh.org/talkline)

Peer counseling via phone or email – talk with someone your own age about coming out, relationships, your parents, school, safe sex, and more.

### GLAD

1-800-455-GLAD

[www.glad.org](http://www.glad.org)

GLAD has been working to end discrimination based on sexual orientation, gender expression and identity, and HIV status since 1978.

### Pathways for Change

1-800-870-5905 (English)

1-800-223-5001 (Spanish)

[www.centralmasspfc.org](http://www.centralmasspfc.org)

Get in touch with PFC if you need help because of sexualized violence.

### The Trevor Lifeline

1-866-488-7386

[www.thetrevorproject.org/lifelinechat](http://www.thetrevorproject.org/lifelinechat)

If you are in crisis or considering suicide, call The Trevor Lifeline for help. If you'd rather, you can also chat online with someone from the Lifeline.

There are also organizations in Massachusetts that exist specifically to offer support – in-person – to GLBT\*Q youth. If you want to get together with others your age for face-to-face peer support, check out these groups!

### BAGLY – Boston Alliance of Gay & Lesbian [and Bisexual & Trans] Youth

617-227-4313

[www.bagly.org/](http://www.bagly.org/)

BAGLY is a youth-led organization that offers health education, social support groups, and leadership development.

Contact them for more information, or go to their website to find an “AGLY” GLBT youth group near you:

[bagly.org/programs/youth-group/find-an-agly](http://bagly.org/programs/youth-group/find-an-agly)

### Supportive Educational Groups at AIDS Project Worcester

508-755-3773

[www.aidsprojectworcester.org/glb](http://www.aidsprojectworcester.org/glb)

Structured discussions in a supportive social space – there are multiple groups meeting at different times throughout the week.

Call or go online to find out which group is right for you.



## GLBT\*Q Resources for Youth and Young Adults in Massachusetts

Some organizations in MA do most of their work in schools, educating students, parents, teachers, administrators, and other professionals about the issues facing GLBT\*Q youth. If you're involved in your school's Gay-Straight Alliance, student council, or any other group, talk to your advisors about getting connected to these organizations.

### **GLSEN Massachusetts**

617-684-5736

[www.glsen.org/massachusetts](http://www.glsen.org/massachusetts)

The Gay, Lesbian and Straight Education Network exists to ensure that every member of a school community is valued and respected, no matter what their sexual orientation or gender expression.

### **PFLAG (Parents, Families and Friends of Lesbians and Gays)**

[www.community.pflag.org](http://www.community.pflag.org)

PFLAG is an education and advocacy group with chapters across the country, including multiple chapters in Massachusetts. Go to their website and click on "Find a PFLAG Chapter" to get started.

### **The GLBT Youth Support Project and OutHealth! from Health Imperatives**

800-530-2770, x229

[www.healthimperatives.org/glts](http://www.healthimperatives.org/glts)

The GLBT Youth Support Project and OutHealth! offer on-site trainings for community- or school-based professionals working with GLBTQ youth in any way. They particularly focus on teaching professionals how to support GLBTQ youth, address bullying issues, and provide culturally competent care for GLBTQ persons.

There are also resources available to connect you to religious groups that are GLBT\*Q-affirming.

Finding a congregation that supports you and welcomes you is important – especially if you grew up in a religious tradition that you'd still like to be connected to.

Your local PFLAG chapter is a great place to start your search for a congregation you can call home.

If you're interested in GLBT\*Q rights advocacy, you should check out these groups.

### **The Human Rights Campaign**

Working for Lesbian, Gay, Bisexual and Transgender Equal Rights

[www.hrc.org/youth](http://www.hrc.org/youth)

### **Advocates for Youth**

Believes that youth and young adults deserve realistic and comprehensive education about their sexual health so they can make informed, responsible decisions

[www.advocatesforyouth.org](http://www.advocatesforyouth.org)