LGBTQIA+ Resources for Youth and Young Adults in Massachusetts

YOUTH MOVE MASSACHUSETTS

PPAL

Parent/Professional Advocacy League

Sometimes it's hard to find someone who will talk with you about the things you're facing as a LGBTQIA+ youth or young adult. **These organizations are available to do just that:**

The Trevor Project

1-866-488-7386 or text "START" to 678-678

thetrevorproject.org/get-help

If you are struggling, in crisis, or considering suicide, call The Trevor Project for help. If you'd rather, you can also text or chat online with someone from The Trevor Project.

LGBT National Youth Talkline

1-800-246-PRIDE (7743)

lgbthotline.org/youth-talkline

Peer counseling via phone or email – talk with someone your own age about coming out, relationships, your parents, school, safe sex, and more.

Pathways for Change

1-800-870-5905 (English)

pathwaysforchange.help

Get in touch with PFC if you need help because of sexualized violence.

Trans Lifeline Hotline

877-565-8860

https://translifeline.org

Peer support hotline run by trans people for trans and questioning peers. Call if you need someone trans to talk to, even if you're not in a crisis or if you're not sure you're trans.

There are also organizations in Massachusetts that exist specifically to offer support in-person to LGBTQIA+ youth. **If you want to get together with others your age for face-to-face peer support, check out these groups!**

BAGLY

617-227-4313

www.bagly.org

A youth-led organization that offers health education, social support groups, and leadership development.

Contact them for more information, or go to their website to find a youth group near you.

Safe Homes

508 -755-0333

https://safehomesma.org/

A program supporting lesbian, gay, bisexual, transgender, questioning, intersex, and asexual (LGBTQIA+) young people, and their straight allies, between the ages of 14 and 23. Safe Homes offers two locations: Worcester and North. They also host virtual drop-ins to reach youth, no matter where they are located.

Supportive Educational Groups at AIDS Project Worcester

508-755-3773

aidsprojectworcester.org

Structured discussions in a supportive social space – there are multiple groups meeting at different times throughout the week.

Call or go online to find out which group is right for you.

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Some organizations in MA do most of their work in schools, educating students, parents, teachers, administrators, and other professionals about the issues facing LGBTQIA+ youth. **If you're involved in your school's Genders & Sexualities Alliance, student council, or any other group, talk to your advisors about getting connected to these organizations.**

GLSEN Massachusetts

617-684-5736

glsen.org/massachusetts

The Gay, Lesbian and Straight Education Network exists to ensure that every member of a school community is valued and respected, no matter what their sexual orientation or gender expression.

PFLAG

pflag.org

Parents, Families and Friends of Lesbians and Gays is an education and advocacy group with chapters across the country, including multiple chapters in Massachusetts. Go to their website and click on "Find a PFLAG Chapter" to get started.

If you're interested in LGBTQIA+ rights advocacy, you should check out these groups.

GLAD Law

https://www.gladlaw.org

GLBTQ Legal Advocates & Defenders (GLAD) works in New England and nationally to create a just society free of discrimination based on gender identity and expression, HIV status, and sexual orientation.

Advocates for Youth

advocatesforyouth.org

Advocates for Youth believes that youth and young adults deserve realistic and comprehensive education about their sexual health so they can make informed, responsible decisions.

For more resources, including resources on accepting faith-based organizations, family support, bullying, and much more, check out this resource.

The Massachusetts Commission on LGBTQ Youth Resource Database

https://www.mass.gov/resource/mclgbtqy-commission-resource-database

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